
Inclusive Post-Secondary Education Programs in Missouri

Hosted by Show Me College and MIPSAs
Facilitator: Magen Rooney-Kron, PhD & Mary Harden

WHO IS HERE TODAY?

- Please share your name and role in the chat!



AGENDA

- What is Show Me College and MIPSAs?
- What is Inclusive College?
- Inclusive College Options in Missouri
- Q & A

SHOW ME COLLEGE

- Campaign to raise awareness that college is possible for students with IDD
- Resources to help students, parents, and teachers prepare youth with IDD for college
- Visit us at Showmecollege.com

The screenshot shows the homepage of the Show Me College website. At the top left is the logo, which includes a map of Missouri and the text 'SHOW ME COLLEGE'. To the right of the logo is a navigation menu with links for 'Home', 'About', 'Future Students', 'Resources', and 'Contact Us', along with a search icon. The main header features a large image of a young woman with glasses and a red scarf, with the text 'College is Possible for All Students' overlaid. Below this is a sub-header: 'Show Me College is spreading awareness that students with intellectual and developmental disabilities (IDD) can go to college.' and a 'Find Out How!' button. The main content area is titled 'Welcome to Show Me College' and contains three columns. The first column has a video player for 'Succeed Class of 2023-Maggie' with a 'Watch on YouTube' button. The second column has three sections: 'What is Show Me College?' (described as a central resource for Missourians), 'Why is inclusive college important?' (explaining that inclusive programs provide opportunities for students with IDD), and 'Who are we?' (introducing the organizations, colleges, and universities behind the initiative).

SHOW ME COLLEGE

Home About Future Students Resources Contact Us

College is Possible for All Students

Show Me College is spreading awareness that students with intellectual and developmental disabilities (IDD) can go to college.

Find Out How!

Welcome to Show Me College

Succeed Class of 2023-Maggie

Watch on YouTube

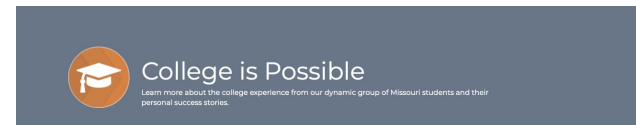
What is Show Me College?
A Central Resource for Missourians (and others) to explore higher education options for students with disabilities after high school.

Why is inclusive college important?
Inclusive college programs provide students with IDD tangible opportunities for continuing their higher education goals.

Who are we?
Meet the organizations, colleges, and universities behind Show Me College and the

RESOURCES FOR FUTURE STUDENTS

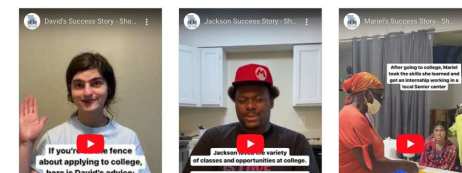
- College is Possible
- Prepare for College
- Choose a College
- Pay for College
- Navigate College
- Inclusive College Programs in MO



College is Possible
Learn more about the college experience from our dynamic group of Missouri students and their personal success stories.

Student Success Stories

Meet current students and graduates of inclusive college programs in Missouri. Their stories describe how college prepared them for independent living, further education, and the workplace.



Three video thumbnails for student success stories:

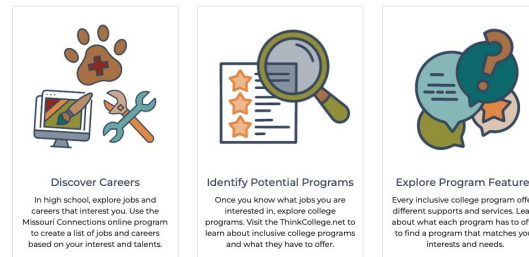
- David's Success Story: "If you're fence about applying to college, here is David's advice."
- Jackson Success Story: "Jackson is currently working at a fast-food restaurant."
- Maria's Success Story: "After going to college, Maria took the skills she learned and got an internship working in a fast-food restaurant."

Choose a College

Find a program that is right for you.

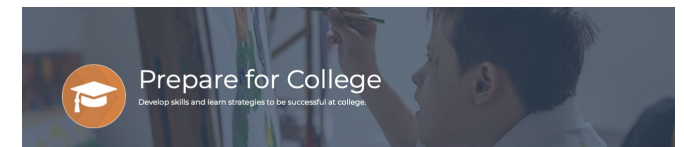
Choosing an Inclusive College Program

Finding a college program that's a good fit takes time and persistence. First, you need to identify careers that you are interested in. Then, you need to identify inclusive college programs. Once you have identified programs you may be interested in, you can explore what they have to offer.



- Discover Careers**
In high school, explore jobs and careers that interest you. Use the Missouri Connections online program to create a list of jobs and careers based on your interest and talents.
- Identify Potential Programs**
Once you know what jobs you are interested in, explore college programs. Visit the ThinkCollege.net to learn about inclusive college programs and what they have to offer.
- Explore Program Features**
Every inclusive college program offers different supports and services. Learn about what each program has to offer to find a program that matches your interests and needs.

[Download the Choose a College Resource Guide \(PDF\)](#)



Prepare for College
Develop skills and learn strategies to be successful at college.

What do I need to do to prepare for college?

The transition to college can be both exciting and a bit scary. As a college student, you will get to make more of your own choices and be more responsible for your own learning. It is important that you learn skills and strategies to help you prepare for college while you are in high school.



It is never too early to start planning and preparing for college! Your first formal transition meeting will take place when you turn 16. The purpose of the transition meeting is to discuss what YOU want for your future. During the meeting, you will work with a team to identify what your goals are for life after high school. You will also discuss supports and services that will help you reach your goal.

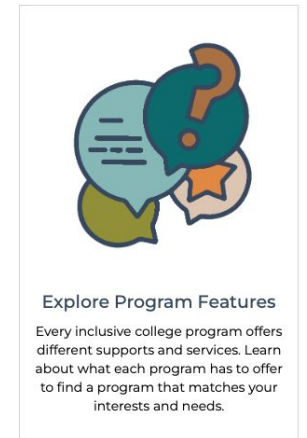
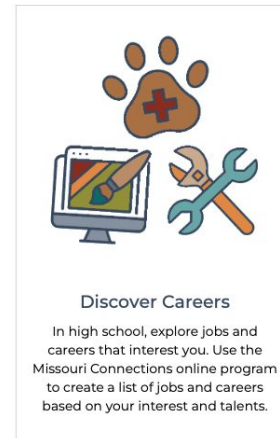
You do not have to wait until your first transition meeting to start preparing for college. Here are some steps you can take to start preparing for college while you are in elementary or middle school:

- **Explore post-secondary education options.** There are many different post-secondary education options including 4-year universities, community college, career and technical education, and inclusive college programs.



CHOOSE A COLLEGE

- Guiding questions to ask program staff about 8 key features of Inclusive College programs
 - Inclusion
 - Academic Courses
 - Career Preparation Courses
 - Internships
 - Graduation Certificates and Vocational Credentials
 - Financial Aid
 - Campus Life
 - Post-College Outcomes and Supports



PAY FOR COLLEGE

- Learn about more ways to pay for college!
 - 529 Plans
 - PASS Plans
 - And more!

College Aid for Students with IDD

Medicaid Waivers

You can use your Medicaid waiver for education supports, tuition, general fees, and on-campus peer mentors if you are working toward a specific job or career path. You cannot use waivers to cover room and board, or books.

County Senate Bill (SB) 40 Developmental Disability Boards

"SB 40" refers to Missouri Senate Bill 40, the law that funded the proposal to provide supports for residents with IDD. Some of the county boards help cover college costs for their clients. Check with yours to see how it can help. [Click here](#) to see a map of Missouri SB 40 county boards.

Social Security Plan for Achieving Self Support (PASS) Plans

If you receive Social Security benefits, you can create a PASS (Plan to Achieve Self Support) to help pay for college. [Click here](#) to contact your local SSA Pass Plan Coordinator for help completing the plan.



Mission

The Midwest Inclusive Post Secondary Alliance (MIPSA) promotes access to quality inclusive post secondary education for students with intellectual and developmental disabilities through collaboration, program development, research, and public policy.



Vision

The vision of the MIPSA is for all institutions of higher education to be inclusive and supportive for students with intellectual and developmental disabilities (IDD).

Connect with us!



MIPSAemail@gmail.com



<https://www.mipsalliance.net/>



<https://www.facebook.com/MidwestInclusivePostSecondaryAlliance/>

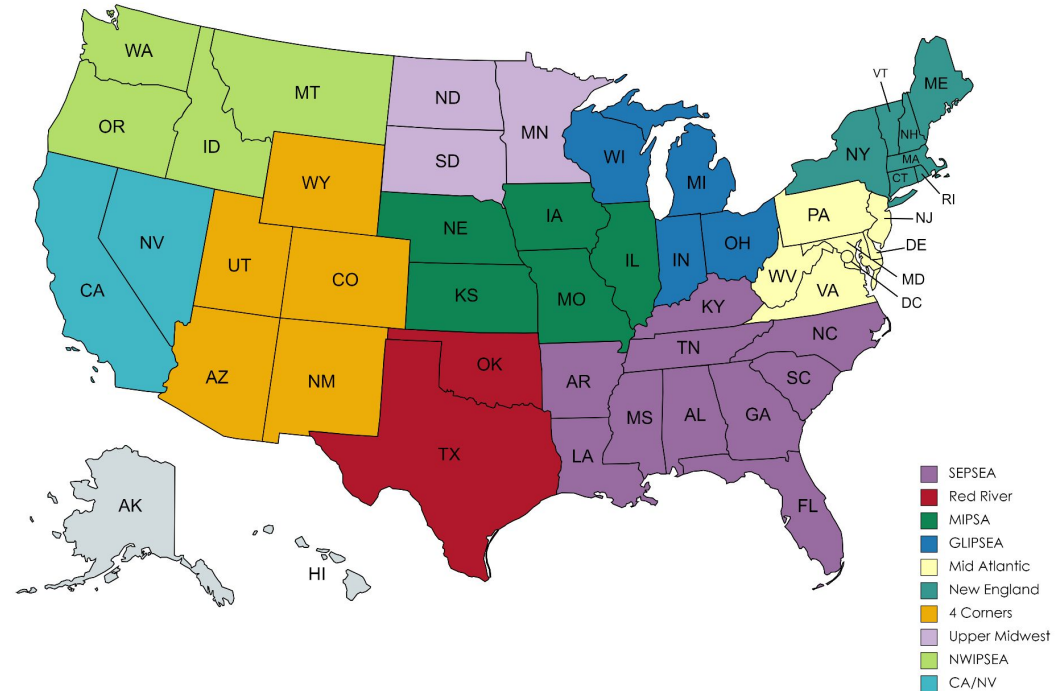


What is MIPSAs?

Importance - Sharing ideas/practices (regional meetings), advocacy, policy impact, research on effective practices to determine what is working/not working, support developing/new programs to provide more access to PSE's in MO in Midwest. *Supporting accreditation efforts in universities, HBCUs, and community colleges in the midwest.*

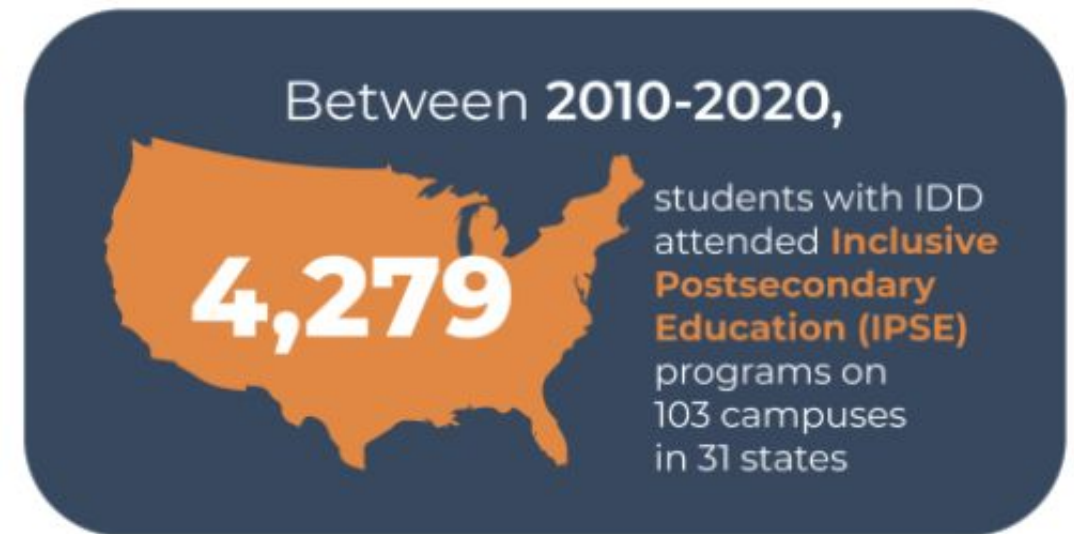
Members:

- 5 States
 - 29 programs
- Illinois, Iowa, Kansas, Missouri,
& Nebraska



WHAT IS INCLUSIVE COLLEGE?

- College programs that provide **supports** and **services** for students with intellectual and developmental disabilities (IDD) to be included at college
- Provides students with IDD a college experience to help them gain the skills and knowledge to reach their employment, education, and independent living goals

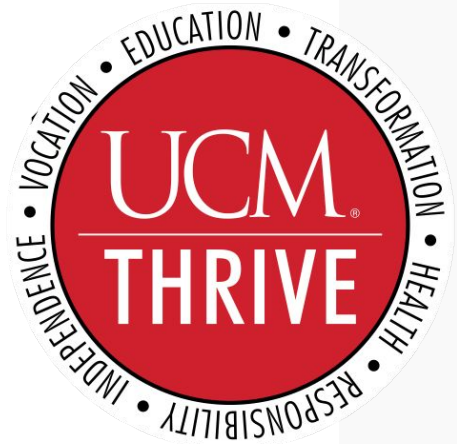


Students in Inclusive College programs:

- Receive job training
- Attend courses to develop employment and academic skills
- Live on campus
- Participate in campus activities



INCLUSIVE COLLEGE PROGRAMS IN MISSOURI



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Missouri
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BEAR POWER



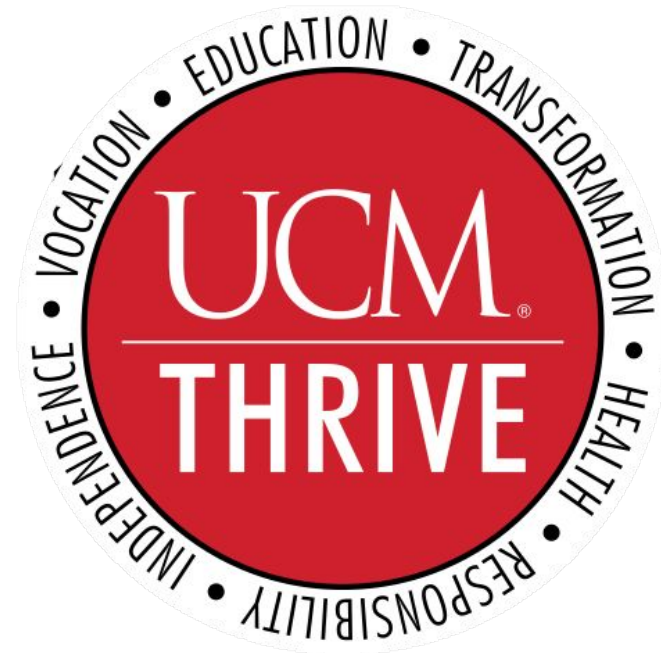
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THRIVE at University of Central Missouri

Michael Brunkhorst

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660-543-4636



Academics

- Students in the THRIVE Program take classes in the THRIVE program and Elective classes (related to their career interests) from the UCM Catalog, during our program, which represents 15 hours.
- THRIVE Program classes are related to Independent Living, Work/Job Skills, and more.
- Students meet with a THRIVE Instructional Liaison or Advisor/Case Manager each week.
- We get information from the elective teachers each week to check on student attendance, homework, and any other questions the teachers may have.
- Students audit the classes first and then as they show the ability to get college credit they are switched to credit for Elective classes.
- Study Hall 5 days a week and students are scheduled for two. They may attend all.

Career Development Opportunities

Students in the THRIVE Program get various opportunities throughout the two year program.

- Career Assessments with collaboration with Special Education Majors
- Assignments and presentations on Soft-Skills, Career Opportunities, Job Shadows, and more.
- Work on Resumes, Cover letters, and Thank you letters.
- Internships during their 2nd-, 3rd-, and 4th-year of the program. Internship hours increase...
- Collaboration with UCM Career Center with mini-workshops
- Each student is creating their Person Centered Plan with the assistance of THRIVE.



Campus Life

THRIVE students can participate in many activities and clubs on campus.

- UCM has over 200 clubs, so many of our students find groups to participate in.
- UCM's Rec Center offers many sports activities for students to join.
- Students can participate in the other activities provided by campus.
- Live in the Freshman dorms during the first 2 years of the program.



Application Process and Cost

To Apply to the THRIVE program you can go to the following Link.

<https://www.ucmo.edu/current-students/student-services/thrive-program/thrive-admissions-criteria/>

Our application Process includes the following:

- Application and then a family interview.

The cost of attending UCM's THRIVE program for the 2023/24 academic year was between \$24,000 and \$25,000. This includes: dorm room, meal plan, tuition, and THRIVE fee. The THRIVE fee covers books, rec activities, and other costs.

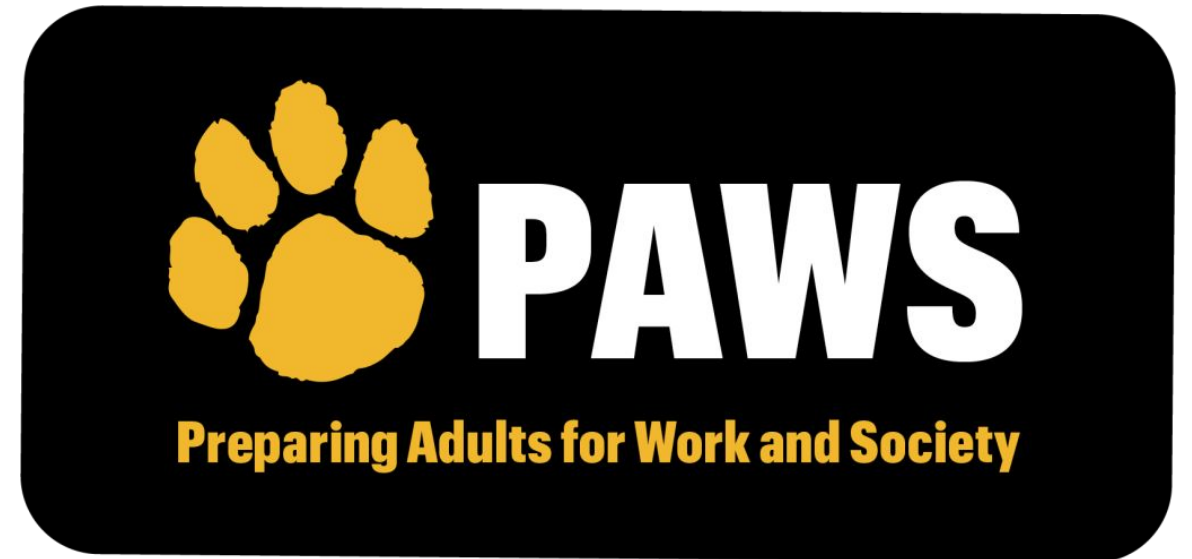


PAWS at University of Missouri

Maggie Center

centerml@missouri.edu

573-540-3822



Academics

- Students in the PAWS program take courses from the PAWS curriculum and selections from the University of Missouri course catalogue in their area of interest.
- Some of the PAWS courses include Freshman Seminar, Preparing for Personal Success, Safe and Strong Relationships (parts 1 and 2), Career Exploration (parts 1 and 2)
- Students enroll in at least one University of Missouri course per semester, and after their first semester can enroll in up to two per semester.
- Morning check-ins, peer coaching, and study hall

Career Development Opportunities

With PAWS courses

- Career Exploration (part 1) - work on their resumes, practice interviews, and job shadow in their field of interest.
- Career Exploration (part 2) - building their resume with part time work in their areas of interest, as well as time to continue developing self advocacy skills
- Peer mentors and jobs shadowing

As University of Missouri students

- Mizzou Career Center - includes drop in hours, workshops, local part/full time job listings

As a program, our goal is to work with students towards obtaining and maintaining gainful employment in their area of interest.

Campus Life

PAWS students are University of Missouri students, which means they have access to all that student life has to offer:

- Residential Life : PAWS students live on campus in suite rooms - up to four people in two separate bedrooms, with shared living room space and bathroom.
- MU Engage : there is always something to do on campus, and if you happen to find yourself in need of an activity, there's a tool for that!
- Student clubs and organizations : There are nearly 600 student clubs and organizations on campus - if there's an interest, there's a club for it. You'll fit right in!
- The rec center: swimming, lifting weights, team sports, fitness classes and more!
- MU sports and Homecoming : attending the games or getting involved in the events



Application Process and Cost

- To apply for PAWS, start at our website :
<http://cehd.missouri.edu/special-education/projects-centers/paws>
- After that, applicants meet with Director, then attend campus for Interview Day.
- The 23/24 rate for the PAWS Program is between \$24,000-25,000 plus an annual program fee. This include housing, dining plan, student fees, and courses. The program fee supports with additional staffing and resourcing.

Bear POWER at Missouri State University

Dr. April Phillips, Director

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Missouri
State™

BEAR POWER



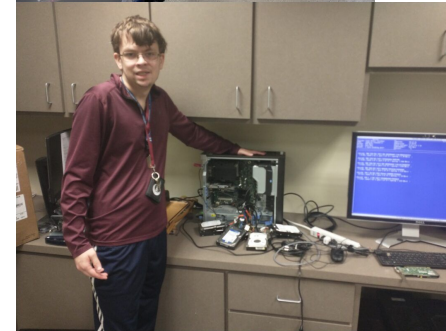
Academics

- Students are required to take at least 6 hours from the MSU course catalog
 - These can be taken for credit or audit (this can be adjusted during the first few weeks of each semester)
- Students have 1 class each semester just for Bear POWER students
 - The topics for the semesters include: Reading & Writing Comprehension, Time & Money Management, Communication & Relationships, Community Engagement, and Transition to Employment
- Students work with an Academic Advisor to help pick courses for their emphasis (like a major)
- Students have support with homework or assessments from Bear POWER staff
- Students can use the tutoring center in the library as all other MSU students (Bear CLAW)
- If students take courses for credit, they can use the Disability Resource Center for additional supports and resources



Career Development Opportunities

- Students can pick an emphasis from 170 majors
- Current and past students have learned about:
 - Child & Family Development, Media, Child & Family Development, Religion, Sign Language, Yoga, Education, Geography, Communication, Art, Computer Science, Equestrian, Kinesiology, Hospitality, Theatre, English, Recreation, Business, Journalism, History, Agriculture, Music, Information Literacy, Information Technology & Cybersecurity, Math, Agricultural Natural Resources, Geology, Fashion, Chinese, Animal Science
- Job Internships begin the 2nd semester. Students begin with 5 hours a week and increase each semester as appropriate for the student and internship site.
 - Locations of past internships: MSU Child Development Center, MSU Service-Learning Office, MSU Welcome Center, Southern Missouri Container, EnCompass Academy, Bass Pro, Wonders of Wildlife, MSU Foster Recreation Center, MSU Libraries, Abilities First - Art Inspired Academy, Twin Oaks Country Club, Springfield Little Theatre, KSMU, Stormdar Weather (virtual), MSU Telecommunications, Watershed Committee of the Ozarks, MSU Standard (newspaper), MSU Video Marketing, MSU Bookstore, Springfield History Museum, Campus Christian House



Campus Life

- Bear POWER students are required to live on campus each semester.
- Students are encouraged to engage in activities happening on campus.
- Students are paired with Ambassadors who are peer/mentors that support Bear POWER students up to 3 hours per week. Students can have 1-5 Ambassadors.
- Students can join any of the near 400 clubs on campus - there is even a cereal-eating club and a hammock club!
- Students can work out at the Foster Recreation Center or go see games (men's or women's basketball, football, soccer, and more!)
- Bear POWER also have their own social events. They might be meals together, game nights, crafts, pottery, movies on campus, or ice cream at Andy's!



Application Process and Cost

- Applications open August 1st.
- Online application or pdf version to download and print available at our website: <https://www.missouristate.edu/BearPOWER/first-steps.htm>
 - Application packet includes:
 - Application form completed
 - A copy of the student's last IEP or 504 plan
 - A copy of the student's last evaluation (school completed or medical)
 - High School transcript
 - A letter from school or agency stating there were no behavior issues the last 5 years
 - 3 letters of recommendation
- Priority Consideration deadline - December 1st.
- Final Deadline is April 1st.

Missouri Resident	Non Missouri Resident
Academic Tuition - \$1,602 (\$267/credit hour)	Academic Tuition - \$3,432 (\$572/credit hour)
Hutchens Housing and Meal Plan (19 per week) - \$5,188	Hutchens Housing and Meal Plan (19 per week) - \$5,188
Bear POWER Program Fee - \$4,035	Bear POWER Program Fee - \$4,035
Books & Supplies - \$625	Books & Supplies - \$625
TOTAL COST: \$11,450	TOTAL COST: \$13,280



Succeed at University of Missouri- St. Louis

Jonathan Lidgus

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314-516-5911

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Academics

- Students are enrolled in 12-15 credit hours per semester.
- Students enroll in a combination of certificate courses and electives related to academic goals
 - Certificate courses include: Healthy Relationships, Vocational Pathways to Professional Success, Navigating Career Success, Vocational Independence, Career Advancement & Problem Solving, Enhancing Vocational Competencies Lab, Issues in Independent
- Students have access to entire UMSL course catalogue
- Students will utilize scheduled tutoring and academic coaching each week
- Student have the opportunity to enroll in modified credit courses to meet their academic goals



Career Development Opportunities

- Students are enrolled in career development and vocational courses each semester
- Students participate in a vocational lab to work 1 on 1 and in groups on vocational issues and job development
- Students have access to federal work study funding.
- On campus and off campus job opportunities.
 - Job coaching provided for students
- Job transition support for students graduating provided through University, and agency partners



Campus Life

- Students can live on campus inclusively in residence hall or commuter
- Succeed students have access to all clubs and organizations on campus
 - Greek Life
 - Campus Program Board
 - Gamer Club
 - Academic organization
- 1 on 1 social coaching provided to students
- Students participate in social group counseling through the University
- UMSL Social Peers organization pairs students 1 on 1 with other University students



Application Process and Cost

- Succeed
 - Intellectual disability
 - Strong desire to continue formal education
 - High School Diploma or Equivalent
 - Successful Self Care Strategies & Supports
 - Attend two out of three sessions: Open House, Succeed Day in the Life, and Succeed Summer Enrichment Camp
- Process
 - Complete & submit completed application
 - Submit before priority deadline to ensure an interview
 - Applicant and family participate in an interview on campus
 - Application deadline in April 15th
- Cost
 - \$451 per credit hour
 - Housing Cost per semester: \$3891
 - Meal plan cost per semester: \$2163

Q & A

- Have you thought about going to college?
- What questions do you have about attending college?
- What support do you need to make college possible?

THANK YOU!

- UMSL TPSID Grant Team: April Regester, Jonathan Lidgus, Lindsay Athamanah, Magen Rooney-Kron, Wen Zeng, and Andrew Kliethermes
- MIPSAs Coordinator: Mary Harden

