



# Strategies for Practicing and Improving Navigation Skills

Students attending higher education through Show Me College programs are expected to navigate their college campuses and communities. Below are several strategies that educators, families, and students can use to work on navigation skills.

## Community Asset Mapping

Community asset mapping is a process teams use to identify local resources (e.g., businesses, transportation routes, other services) that will help them to meet a student's long-term goals. Teams may also choose to identify public transportation routes that will assist the student in traveling to these locations from both home and school.



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## Travel Training

Travel training is used to teach individuals with disabilities how to take public transportation to travel safely and independently within their community. IEP teams can develop an individualized plan that includes travel training. Some cities offer travel training services, so check to see if they are offered in your city.



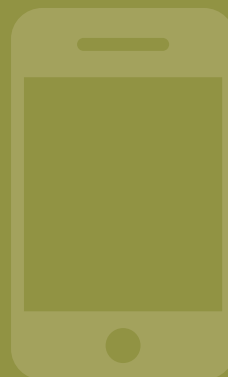
Online article  
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## Navigation Apps

Navigation apps are web-based applications that can be downloaded on an individual's phone or computer to assist in finding and traveling to/from locations.



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