

SHOW ME COLLEGE

Exploring Options to Live on Campus:

Instructor Guide/Lesson Plan



Materials:

1. *Exploring Options to Live on Campus: Student Guide*
2. A writing utensil
3. *Independent Living Supports and Services Fact Sheets*
4. A highlighter

Time Needed: Two 50-minute class periods

Prior Knowledge: Students should have prior knowledge about the four IPSE programs in Missouri. Students should also have prior knowledge about skills related to independent living.

Introduction: There are four different Inclusive Post-Secondary Education (IPSE) programs in Missouri. Those programs are located across the state and are housed at four different Institutions of Higher Education, also known as Colleges or Universities. The four IPSE programs and locations are:

1. Succeed Program at the University Missouri – St. Louis in St. Louis
2. PAWS Program at the University of Missouri- Columbia
3. Bear POWER Program at the Missouri State University in Springfield
4. THRIVE Program at University of Central Missouri in Warrensburg

Purpose: The Show Me College website has several resources for students, families, instructors, and support staff. The purpose of this activity is to help students identify their preferences related to living on campus and use the *Independent Living Supports and Services Fact Sheets* to determine which IPSE program(s) align with a student's preferences.

Directions:

1. To start the activity, explain that there are several places to live when you go to college (i.e., living on-campus or living off-campus). Where students live will impact aspects of their college experience, including how students get to and from class and whether students live with a roommate.
2. Explain the purpose of the activity

3. Define living on-campus and describe the different types of on-campus living options as well as the supports that may be provided by Resident Advisors (RAs) in these setting
 - a. Dorms/dorm room styles (e.g., singles, doubles, suites)
 - b. On-campus apartments
4. Describe the supports that may be provided by Resident Advisors (RAs) while living on-campus
5. Define/describe living off-campus
 - a. Off-campus apartments
 - b. Living at home
6. Students can write or discuss their own definitions of living on-campus and living off-campus to demonstrate their understanding of these concepts
7. Discuss the pros and cons of living on- and off-campus, ensuring that roommates and transportation are discussed
8. Students can write pros and cons of living on- and off-campus on their worksheet to demonstrate their understanding and begin to identify their preferences
9. Then, explain and describe that regardless of where students live, they will have access to support staff on campus, they may need to eat on campus, and will need to think about what would make them feel safe on campus.
10. Introduce the “My Preferences” portion of the Student Guide and have students complete this section of their worksheet.
11. Instructors can then distribute the Independent Living Supports and Services Fact Sheets. Given students’ prior knowledge about the IPSE programs in Missouri, instructors can pass out all four Fact Sheets, provide students with one Fact Sheet at a time, or give students the Fact Sheet for specific programs they have a previous interest in.
12. Students can then read through the Fact Sheet and highlight items that align with the preferences they identified in the “My Preferences” portion of the student guide.

Conclusion and Wrap Up: After students have completed the graphic organizer, ask whether they believe a specific program aligns with specific preferences. Remind students that it is okay if a preferred program does not align with each preference a student has. Instructors can collect student guides or allow students to share their guides with family members and guardians.

SHOW ME COLLEGE

Exploring Options to Live on Campus:

Student Guide



Directions: This activity will help you learn more about where you would like to live when you attend an Inclusive Post-Secondary Education (IPSE) Program in Missouri. Follow the steps below to complete the activity.

Step 1: Discuss the meaning of each term below and write what each term means on the lines below.

Definition of Living On-Campus:	Definition of Living Off-Campus:

Step 2: Identify 2-3 pros and 2-3 cons of living on-campus

Pros of Living On-Campus:	Cons of Living On-Campus:

Step 3: Identify 2-3 pros and 2-3 cons of living off-campus

Pros of Living Off-Campus:	Cons of Living Off-Campus:

Step 4: Identify your independent living preferences by highlighting the options provided or writing your own

My Preferences			Put a checkmark by the program that matches your preferences													
<p>When I go to college, I want to live...: (highlight all that apply)</p> <table border="1"> <tr> <td></td> <td>In a 2-person dorm</td> <td>By myself</td> </tr> <tr> <td>On-campus</td> <td>In a suite-style dorm</td> <td>With one other roommate</td> </tr> <tr> <td>Off-campus</td> <td>At my house</td> <td>With a few other roommates</td> </tr> <tr> <td></td> <td>In an apartment</td> <td>Other:_____</td> </tr> </table>				In a 2-person dorm	By myself	On-campus	In a suite-style dorm	With one other roommate	Off-campus	At my house	With a few other roommates		In an apartment	Other:_____	SUCCEED	
	In a 2-person dorm	By myself														
On-campus	In a suite-style dorm	With one other roommate														
Off-campus	At my house	With a few other roommates														
	In an apartment	Other:_____														
			PAWS													
			Bear POWER													
			THRIVE													
<p>To get to campus, I would like to...: (highlight all that apply)</p> <table border="1"> <tr> <td>Walk</td> <td>Take a bus</td> <td>Drive my own vehicle</td> </tr> <tr> <td>Ride a bike</td> <td>Take a university shuttle</td> <td>Other:_____</td> </tr> <tr> <td>Ride a scooter</td> <td>Take an Uber or Taxi</td> <td>Other:_____</td> </tr> </table>			Walk	Take a bus	Drive my own vehicle	Ride a bike	Take a university shuttle	Other:_____	Ride a scooter	Take an Uber or Taxi	Other:_____	SUCCEED				
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Ride a scooter	Take an Uber or Taxi	Other:_____														
			PAWS													
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<p>To get to class, I would like to...: (highlight all that apply)</p> <table border="1"> <tr> <td>Walk</td> <td>Take a bus</td> <td>Drive my own vehicle</td> </tr> <tr> <td>Ride a bike</td> <td>Take a university shuttle</td> <td>Other:_____</td> </tr> <tr> <td>Ride a scooter</td> <td>Take an Uber or Taxi</td> <td>Other:_____</td> </tr> </table>			Walk	Take a bus	Drive my own vehicle	Ride a bike	Take a university shuttle	Other:_____	Ride a scooter	Take an Uber or Taxi	Other:_____	SUCCEED				
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			Bear POWER													
			THRIVE													

My Preferences			Put a checkmark by the program that matches your preferences	
To feel safe at college, it is important that I can...: (highlight all that apply)			SUCCEED	
Contact local police in an emergency	Take classes about relationships and harm reduction	Other:_____	PAWS	
Contact campus police in an emergency	Access "Safe Walk" or "Safe Ride" services	Other:_____	Bear POWER	
Talk to resident advisor	Call my parents or guardians	Other:_____	THRIVE	
When I eat on campus, I would like to...: (highlight all that apply)			SUCCEED	
Bring my own food	Pay for my food with cash	Pay for my food using Apple Pay	PAWS	
Cook my own food	Pay for my food with debit or credit card	Pay for my food with using Google Pay	Bear POWER	
Use the dining halls on campus	Pay for my food using my student ID	I do not want to eat on campus	THRIVE	
When I am at college, I will feel supported if...: (highlight all that apply)			SUCCEED	
I can talk to the program director	I have a resident advisor who is trained in neurodivergent awareness	I am assigned a mentor	PAWS	
I can regularly check in with my resident advisor	I have access to existing VR and/or county supports	I can meet with my instructors	Bear POWER	
I have a resident advisor who is assigned to my program	I can access mental health/ counseling services on campus	Other:_____	THRIVE	

Step 5: Now that you have identified your own preferences when living on campus, use the Independent Living Supports and Services Fact Sheets to determine how IPSE programs in Missouri may align with your preferences. First, highlight the information on the fact sheet(s) that align with your preferences. Then, put a check mark by the program that matches your preferences.