



How to Prepare for: COLLEGE CLASSES

Your teachers, counselors, and peers are dedicated to helping you reach your goals for after high school. Below are some ways you can prepare for college at school.



LEARN ABOUT YOUR ACCOMMODATIONS

Talk with your teacher about accommodations that may benefit you. These may include where you sit in the classroom, technology that reads text out loud, and having a peer note-taker or tutor. In college, you will need to advocate for these accommodations.



CONSIDER DISABILITY DISCLOSURE

Consider whether you want to disclose your disability to friends and instructors when you get to college. Learn more about what it means to disclose your disability and how you access accommodations. If you choose to disclose your disability, preview the disability disclosure guide at www.showmecollege.com for help on who to tell and how to tell them.



PRACTICE GOOD STUDY HABITS

Learn and practice study habits that will help you be successful in your classes. Pay attention, take notes, ask questions, turn homework in on time, and prepare for exams. You can also use phone apps to help you such as myHomework, Habitica, or BeFocused.



EXPLORE YOUR INTERESTS

Take time to explore your interests so that you can select college courses that align with your goals. Enroll in a variety of courses that will help you graduate and meet college entrance requirements. Talk with your counselor to make sure you are taking the courses you need for college. Consider electives that match your interests or explore new subjects.



GET INVOLVED IN YOUR IEP

In college, you will need to advocate for what you need. A great way to start practicing self-advocacy is in your IEP meeting. Talk to your teacher about taking a leadership role in your next IEP meeting. Ask your teacher or family members to help you prepare for the meeting.